



# WOMEN'S PARTNERSHIP FUNDS

HELP US TO HELP OTHERS

## LETTER FROM THE BOARD

### *Hello 2022!*

The start of a new year brings a new sense of productivity. I'm excited to kick off my second year as Board Chair and to continue our work to serve women and girls in our community.

We have some great plans for 2022, including presenting the Extraordinary Women of Clark County Luncheon in-person on May 3, 2022. After having to put this event on hiatus for two years, we can't wait to celebrate with you and the amazing women making a difference in our community.

Featured in this newsletter is a present day extraordinary woman Greta Mayer, CEO of Mental Health Recovery Board of Clark, Greene & Madison Counties; and Hattie Moseley, a historical extraordinary woman from Springfield, who was a legendary civil rights activist.

Along with these women, you will find a list of mental health resources and encouragement to continue routine breast cancer screenings from another extraordinary woman, Dr. Jennifer Daniels. As we continue to live through a pandemic, we all need to check in on our physical and mental wellness. On behalf of the board, thank you for your support and we look forward to a productive 2022!

*Sarah McPherson*

Sarah McPherson, Chair, Women's Partnership Funds Board

## THE IMPORTANCE OF MAMMOGRAMS IN THE ERA OF COVID

Breast cancer is the most common cancer in women and is one of the leading causes of death among them. The majority of breast cancers are diagnosed by mammogram. At the beginning of the COVID-19 pandemic, strategies such as sheltering in place led to closure or limited access to imaging centers and postponing screening mammograms across the country. As imaging centers re-opened, screening rates remained low as concerns over the virus persisted.

Missed or delayed screening mammograms may lead to a delay in diagnosis of early stage breast carcinoma, which are the cancers that are most successful at being treated and cured. It is too early to see the impact on the stage at diagnosis in cancer statistics, but some studies have proposed the long-term impact of these missed screening mammograms may lead to more advanced stages of cancer at diagnosis and an overall increase in patient death.

It is recommended to start your once-a-year mammogram at age 40 for women at average risk. Both the Ohio Valley Breast Center and Springfield Regional Imaging Center offer screening mammograms without a doctor's order. In 2022, make it a priority to get back on track and schedule your annual screening mammogram.

Dr. Jennifer Daniels joined SAS Surgery & Vein Specialists in 2004. A native of Cincinnati, Ohio, Dr. Daniels earned her B.S. in Pre-medicine at the University of Dayton and continued her education at The University of Cincinnati College of Medicine, receiving her medical degree in 1999. She completed her internship and residency at The Jewish Hospital in Cincinnati in 2004. Dr. Daniels has been the Medical Director of the Breast Center at Ohio Valley since its inception in 2014.

She also serves on the Medical Executive Committee and Peer Review Committee at Ohio Valley.



**“If someone is having a mental health crisis:  
Talk and Listen. Stay calm and ask questions.  
Help them make a call to crisis services 927-399-9500  
Or text a crisis line @ 741-741.”**

- Dr. Greta Mayer

WPF Board Member Sarah McPherson recently sat down with Dr. Greta Mayer to discuss mental health challenges facing women and girls. Dr. Mayer has played a key role in Clark County's mental health programs for fifteen years, serving in her current position for six years. She offers a perspective that is well-informed by extensive experience on the mental health challenges faced by women and girls in our community. Here are some excerpts from their conversation:

**SARAH:** What are some mental health challenges facing women and girls?

**DR. MAYER:** We want to help develop recovery paths for women and girls experiencing crisis. Women and girls experience different expectations and pressures, having to be all things to all people. It can be difficult to live within the traditional expectations of gender, such as being a caretaker, a worker, and a mom all at the same time. Young women may struggle with body image, peer, and social media pressure, thinking they need to have the “right” image. Also, women in helping professions, such as first responders, teachers, church leaders, need support. We want to help women be their own champions, be empowered to strengthen their mental health, and connect them to safe and trusted support.

**SARAH:** How has that changed in recent years?

**DR. MAYER:** These pressures, biology and overwhelmed coping strategies may trigger anxiety or depression. When you layer in the equity piece, you see that women of color experience even more pressures and traumatic experiences that produce negative health outcomes. We have more information on that now, more community support and more political will to do something about it.

**SARAH:** What can the community do to support women and girls experiencing a mental health crisis?

**DR. MAYER:** You can get trained in QPR- Question, Persuade, Refer (free to anyone, 90 min training) or do a Mental Health First Aid training which is a 6 hour training, where you go in depth to assess a situation and intervene. These techniques and training can be helpful with people experiencing a mental health crisis, or even within your own circles of family and friends.

For more information on the QPR or Mental Health First Aid training, visit  
[www.qprinstitute.com](http://www.qprinstitute.com)

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Dr. Greta Mayer has been CEO of Mental Health Recovery Board of Clark, Greene & Madison Counties for six years and joined the Board staff in 2007. The Board is one of 50 governmental entities across the state that is statutorily empowered to plan, fund, manage, and evaluate community-based mental health and addiction services.

Greta is originally from Berlin in Holmes County, Ohio. She relocated to the Springfield-area to attend Wittenberg University. She received graduate degrees from the Universities of Dayton and Cincinnati and previously worked for eight years providing counseling for youth and families in Yellow Springs. She lives in Fairborn with her husband, Michael.

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# HATTIE MOSELEY

By Kevin Rose, local historian, Turner Foundation.

Hattie Moseley was born in February 1896 outside of Kensington, Georgia. She moved north during the Great Migration, likely around 1920, seeking a life free of the oppressive conditions that defined the Jim Crow South. It is safe to assume that while she found the north friendlier and more equitable, she quickly discovered that a portion of the population in cities like Springfield still viewed African Americans as second-class citizens. This was heightened in the early 1920s, with Springfield on the precipice of civil unrest following the city's third race riot in less than two decades.

Then, in May 1922, the Springfield City School Board voted to segregate Fulton School. Hattie fought back. Oral testimony records her involvement in the formation of the Civil Rights Protective League and describes her as the “main instigator” of the picket lines outside the school. The group won their contentious battle in January 1923, when the courts ruled that the segregated school violated Ohio law. Registering African Americans to vote – especially women who had been denied this right until the passage of the Nineteenth Amendment just two years earlier – was one of Hattie’s main objectives at the Fulton School protests.

This cause continued throughout her life. She preached that the vote gave African Americans power, and she used that collective power to push for reform. In the years after the Fulton protests, Hattie Moseley continued her work to end Jim Crow policies in her adopted hometown. In the 1940s, she helped stage a sit-in at F.W. Woolworth’s to protest the store’s segregated seating arrangement. In the 1950s, she fought to desegregate public housing accommodations in Springfield, and in the 1960s, she helped organize students to force the Liberty Theater to accept Black patrons. As Mary Richardson said in a 1990 interview, “You didn’t get by Hattie Moseley... You didn’t get by with discrimination. Anywhere something was wrong, she tried to straighten it out and get people involved...”



“When you layer in the equity piece, you see that women of color experience even more pressures and traumatic experiences that produce negative health outcomes.”

- Dr. Greta Mayer

## MENTAL & BEHAVIORAL HEALTH SERVICES AVAILABLE FOR CLARK COUNTY WOMEN & GIRLS

CitiLookout .....	927-322-6532
McKinley Hall Women’s Program .....	937-328-5314
Mental Health Services for Clark & Madison Counties .....	937-322-0648 • 800-435-7968
National Alliance for the Mentally Ill (NAMI) of Clark County .....	937-322-5600
Oesterlen Services for Youth, Inc. ....	937-399-6101 • 937-399-6494
Positive Perspectives .....	937-390-3780
Rocking Horse Community Health Center .....	937-324-1111
TCN Behavioral Health .....	937-376-8700
WellSpring .....	937-325-5564



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## OUR MISSION

To transform the lives of women and girls in the Clark County area by mobilizing the collective power and passion of women working together through philanthropy.

## OUR VISION

All Clark County women and girls are self-sufficient and achieve their full potential.

## FUN FACT:

The original Madonna of the Trail is in Springfield, a trailblazer of courage, strength, and tenacity of pioneer women. There are several across the country on Route 40, and 12 in Ohio, and all look similar to ours, but ours was the first! We have a new trail to blaze, the trail of self-sufficiency for women in our community.



*Save the date!*

## 2022 EXTRAORDINARY WOMEN OF CLARK COUNTY LUNCHEON

TUESDAY, MAY 3, 2022

11:30 a.m. - 1:00 p.m.

Hollenbeck Bayley Conference Center

The 2022 Extraordinary Women will be identified soon and tickets will go on sale in March. Check our website [springfieldfoundation.org](http://springfieldfoundation.org) for tickets.



## HELP US TO HELP OTHERS!

To support the Women's Partnership Funds, visit

**[springfieldfoundation.org](http://springfieldfoundation.org)**

and click on **DONATE NOW.**

Please identify WPF as your purpose for donating.

You can also mail checks payable to:

Springfield Foundation/WPF

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WOMEN'S  
PARTNERSHIP  
FUNDS



With your help, we can support the women in our community,  
building stronger families and a stronger future!