



## SUPPORTING RESEARCH

Unintended pregnancies and sexually transmitted infections (STIs) occur among individuals of all socio-economic levels. Although we see higher rates in people aged 15 to 24. Studies indicate that rates of unintended pregnancy are highest among women ages 18 to 24, women cohabiting, women with income below the poverty line, women with less than a high school diploma and black or Hispanic women. Many of these women are less likely to have access to family planning services and face barriers such as availability of services, transportation to services and individual willingness to seek services. According to the CDC, we also see that nearly half of all new sexually transmitted infection cases occur in people aged 15 to 24. The Foundation will support programs that aim to decrease unintended pregnancies and sexually transmitted infections in our community.

Mental health and wellness promotion are key concepts across the lifespan of individuals from zero through old age. There are ways to effectively prevent mental health problems from occurring in the first place, as well as practices to intervene with varying at-risk populations to reduce the duration or severity of mental health problems throughout life.

According to the CDC (2016) “Chronic disease and conditions—such as heart disease, stroke, cancer, type 2 diabetes, obesity, and arthritis—are among the most common, costly, and preventable of all health care problems...” Individuals may not seek certain services for various reasons. These reasons can be personal (e.g. level of awareness, perceptions, trust, etc.), and outreach can help bridge those barriers.

# HEALTH

## FUNDING INITIATIVES

The economic impact of unintended pregnancies, sexually transmitted diseases, poor mental health and chronic diseases is an important consideration for our community, as is the long term impact on individuals' health and wellness. Healthy individuals have a prevention-oriented mindset toward their health. They take an active role in maintaining their wellness and tend to live longer and healthier lives. With the Foundation's support of programs in the area of Health, our expected outcome is to see an increase in the quality, availability, and effectiveness of educational and community-based programs designed to prevent disease, improve health, and enhance the quality of life for Clark County residents, especially our higher risk populations. Focus areas:

- 1) Unintended Pregnancies and Sexually Transmitted Infections
- 2) Mental Health
- 3) Chronic Disease Management

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### GOAL

IMPACT THE HEALTH OF THE COMMUNITY BY DECREASING THE INCIDENCE OF UNINTENDED PREGNANCIES AND INFECTION WITH SEXUALLY TRANSMITTED INFECTIONS (STIS).

#### OBJECTIVE

- Increase outreach and information, taking into consideration Clark County populations who may be at higher risk or more vulnerable to disparate health outcomes.
- Increase access to and awareness of Reproductive Health Services, including use of a Reproductive Life Plan.
- Decrease the state reported rate of Clark County individuals testing positive for Sexually Transmitted Infections (STIs).

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### GOAL

IMPROVE THE MENTAL HEALTH OF THE COMMUNITY BY PROVIDING INDIVIDUALS WITH THE SKILLS AND SERVICES NECESSARY TO SUCCESSFULLY HANDLE CHALLENGING SITUATIONS AND TO UNDERSTAND AND MANAGE THEIR CONDITIONS AND BEHAVIORS.

#### OBJECTIVE

- Increase outreach and information, taking into consideration Clark County populations who may be at higher risk or more vulnerable to disparate health outcomes.
- Improve the understanding and application of trauma informed practices throughout various disciplines/initiatives in Clark County.
- Equip Clark County youths with self-management skills to cope with or avoid depression, suicide and drug abuse.

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### GOAL

IMPROVE MANAGEMENT OF CHRONIC DISEASES IN CLARK COUNTY.

#### OBJECTIVE

- Increase outreach and Information, taking into consideration Clark county populations who may be at higher risk or more vulnerable to disparate health outcomes.
- Individuals with Congestive Heart Failure will manage their disease and will decrease hospital re-admissions for Congestive Heart Failure.
- Patients with diabetes will manage their disease outside of taking medication alone.
- Decrease the number of asthma attacks that require emergency services/treatment by implementing home-based environmental assessments and interventions.